



GUIDELINES FOR AFTER SCHOOL STUDY SESSIONS

The session starts at 4pm and finishes at 6pm.

You must arrive on time.

It is disturbing for other students, if you arrive late to the session.

No phones are permitted at any time. Please ensure your phone is switched off.

You are not allowed to listen to music.

- ❖ Make sure you take time to eat something healthy, after the school day ends and before the session begins.
- ❖ You must have a note in your journal if you need to leave early for any reason.
- ❖ Bring whatever materials, copies, books etc that you may need.
- ❖ Carefully plan each study session, using the template provided in the study room.
- ❖ It is important that you know what you want to achieve during the session. This will help you get the best out of the session and ensure that productive work gets done.
- ❖ You can use the session in a variety of ways: Complete homework. Catch up on notes. Study for a test. Try an exam question. Make a mind map or study cards for a topic. Conduct research online for a project.
- ❖ You are expected to work in silence to maintain an ideal atmosphere for study.
- ❖ If you need to use the bathroom, simply raise your hand and gesture to the supervising teacher, so as not to disturb anyone. Please close the door quietly as you leave the study room.
- ❖ Stay focused! Take a quick break if you need to stretch your legs or if you feel yourself getting tired.
- ❖ At the end of the session, please ensure that you turn off the computer, push in your chair, clear any rubbish and close the windows.

